



## Tri-County Health Grant Doubles: More than \$700,000 Available in 2026

### FOR IMMEDIATE RELEASE

March 30, 2026

**YARMOUTH, NS** – Applications are now open for the Reciprocity Health Fund at the Community Foundation of Nova Scotia. Established by an anonymous donor, this fund aims to support initiatives that address the social determinants of health—the social and economic conditions that impact a person’s health such as income, education, employment, housing, social inclusion, and geography. The Fund has granted more than \$1,000,000 in the Yarmouth, Digby, and Shelburne counties in the past four years. Thanks to an additional contribution of \$7.75 million in 2025, the Fund will now grant even more each year. This Fund is endowed and will grant to the community each year from its investment returns. In 2026 this amount is more than \$700,000.

Eligible programs should focus on improving health outcomes and reducing health inequities; be delivered in Shelburne, Yarmouth, and/or Digby counties; and be led by or partnered with a qualified organization, such as a registered charity, municipality, registered non-profit organization, or post-secondary institution.

Community Foundation CEO Daniel Holland says the annual grant, which began in 2022, has supported a variety of programs, and will continue to advance the health of the tri-counties for generations to come.

“From transportation subsidies to research projects to a salary for a nurse practitioner, this funding is making incredible things possible in the Tri-Counties,” says Holland. “We are honoured to steward this Fund on behalf of an anonymous donor, and we’re doing so with equitable granting and trust-based philanthropy in mind.”

Holland says the grant recipients are chosen by an arms-length committee of individuals from the Tri-County Area who understand the needs of the region. The Foundation also ensures application and reporting processes are not too onerous on the applicants, trusting they have their community’s interest in mind and will use the funding where it is needed most.



“This grant is intentionally structured with our grantees in mind. Unlike some other grants, it supports things like operations costs and offers multi-year funding that will allow grantees to plan ahead and invest in staff,” says Holland. “Last year the Digby Area Community Garden received funding for three years to contribute to their staffing costs and the resulting programming and contributions to community-building and food security will benefit from that.”

For more information and to apply, visit: [www.cfns.ca/reciprocityhealthfund](http://www.cfns.ca/reciprocityhealthfund). Applications will be accepted until **April 30, 2026**.

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#### **About Community Foundation of Nova Scotia**

The [Community Foundation of Nova Scotia \(CFNS\)](http://www.cfns.ca) empowers Nova Scotians to invest in their vision of community impact. Our vision is for Nova Scotian communities to have sustainable financial and social capacity to achieve their aspirations.

Established in 2008, we steward over 170 Funds with assets of some \$43 million in philanthropic investment under our management. We're part of Community Foundations of Canada (CFC), the national network for Canada's 200 community foundations that reaches 90 percent of the country's communities.

#### **Media Contact**

Kathleen Murphy, Communications  
Community Foundation of Nova Scotia  
[kathleen.murphy@cfns.ca](mailto:kathleen.murphy@cfns.ca)  
902-213-0025